

"CODE" of ARMS

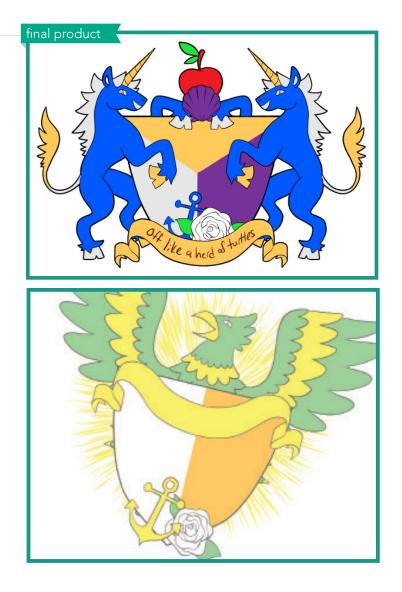
30 2 minutes difficulty

Tools & Materials:

Printer + Paper Markers/Crayons/Colored Pencils Scissors Glue

Description:

They say a picture's worth a thousand words and with a customizable "Code" of Arms, you'll begin to understand why. People have used pictures and symbols to communicate information quickly for thousands of years. And in medieval times, it was notably used to share a family's history and lineage in very artistic ways. Each color, creature and symbol you add to your "Code" of Arms tells the story of your family in a language anyone can read. Get creative and tell your family's story!





Directions:

1 First, you'll need a list of words that best describe your household to narrow down which symbols you should use. Sit with your family and brainstorm together! Are you brave? Thoughtful? Helpful? Dedicated? Write your list of adjectives below!

- 2 Now that you have a list, compare the words you picked to the symbols and meanings page to pick out the best symbols to use. For example, if you wrote that your family is adventurous, then consider using a shell in your crest to show how outgoing you are. Don't forget to pick out colors too! Each one holds a meaning that will help you color in your crest.
- 3 Once you've picked out your symbols and colors, it's time to build your crest! Color and cut your shield, animal and symbols out of their pages. Then, on a separate sheet of paper, glue the pieces together. Organize your symbols on your crest in a way that tells your family's story! If you have two animals, make sure that are facing each other. If you have one of the birds, make sure they are behind your shield with wings on either side.
- 4 The final touch is filling in the banner that goes at the bottom of your crest. This can be filled in with a family motto, the meaning of your last name, or anything else that your family considers important. Write as much or as little as you like, then paste it onto your tcrest as the finishing touch!



Symbols & Meanings:

Objects:

Anchor: Hope, steadiness Bells: Power to banish evil Chains: Hardworker Harp: Composed and thoughtful Shell: Traveler, outgoing

Colors:

Gold/Yellow: Generosity Silver/White: Peace Red: Warrior/strength Blue: Loyalty/honesty Green: Hope/Joy Black: Grief Purple: Royalty/justice Orange: Ambition Maroon: Patience/Victory

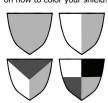
Fruit/Flowers:

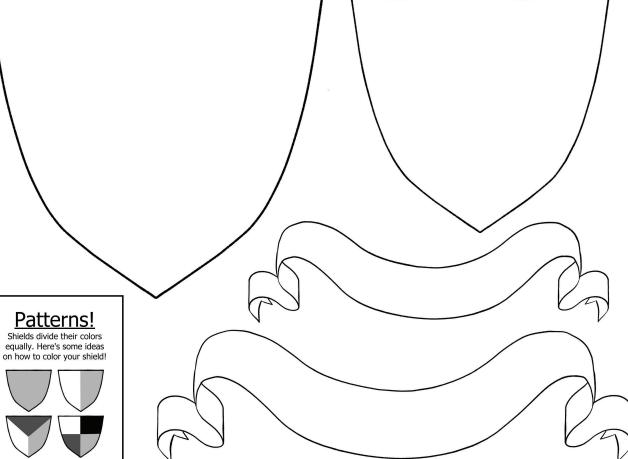
Apple: Happiness/bliss Laurel leaves: Triumph Oak tree: Strength/endurance Olive branch: Peace Red Rose: Grace/beauty White Rose: Love

Animals:

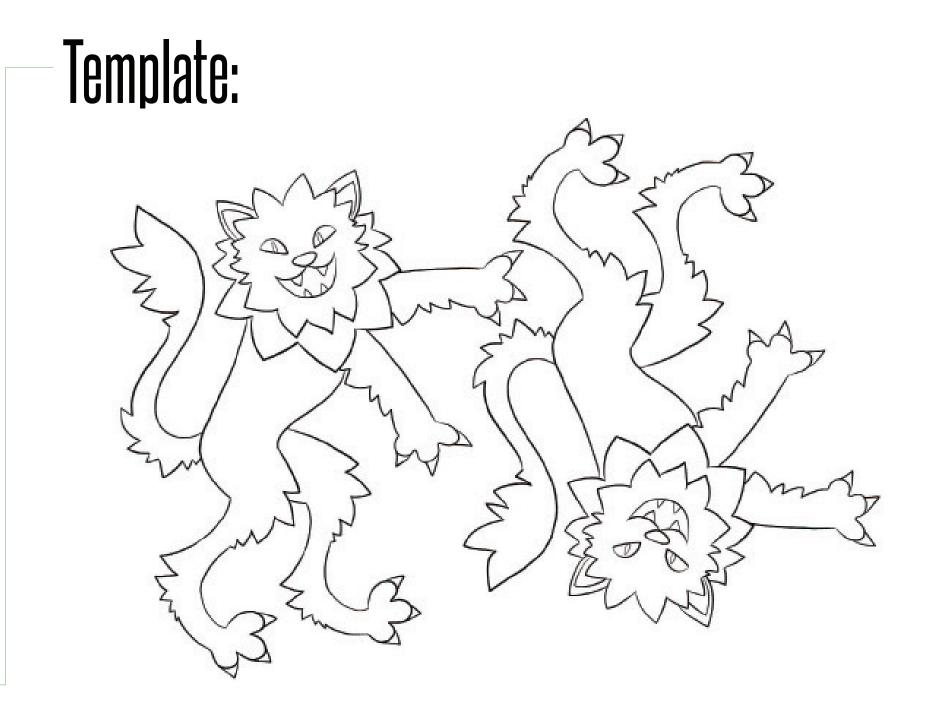
Lion: Courage Unicorn: Virtue and strength Eagle: Protection and nobility Phoenix: Resurrection

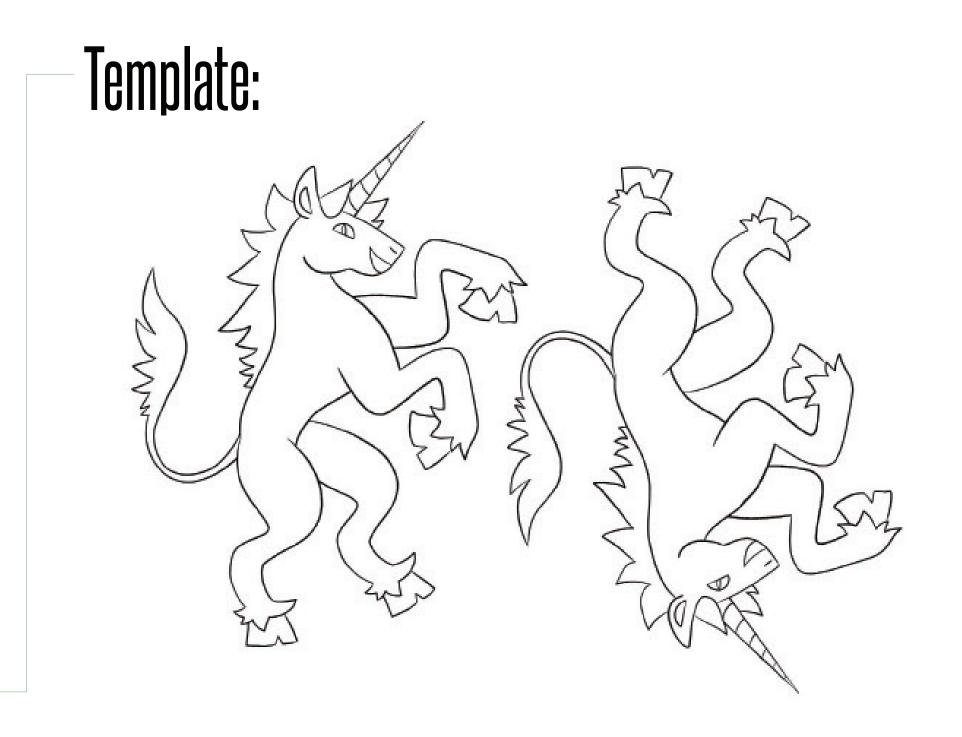
Patterns!

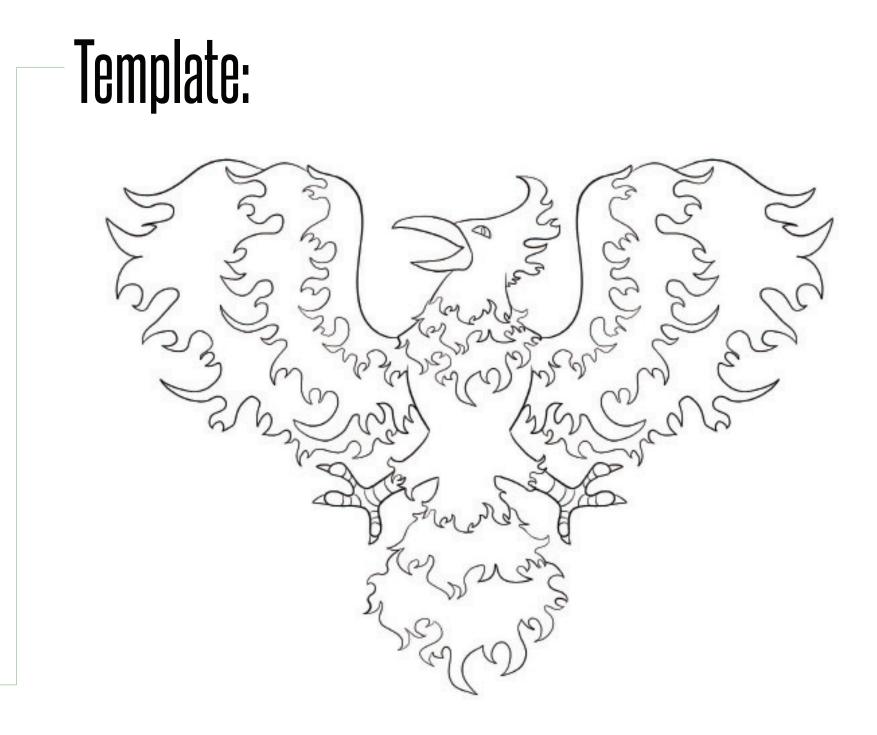




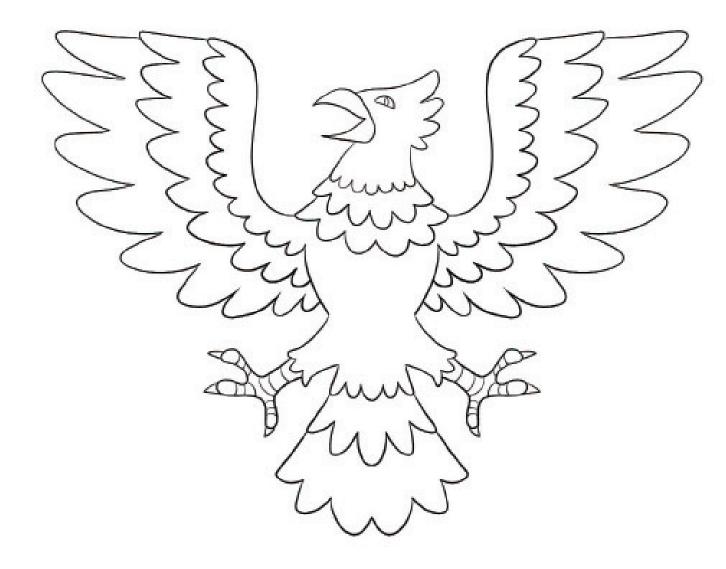




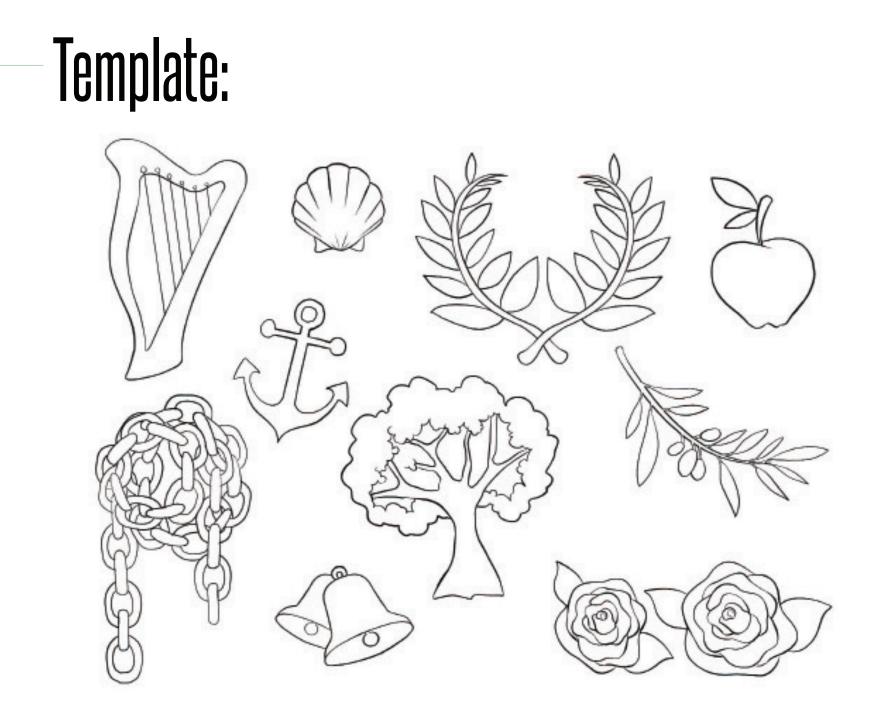








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